High School Success at Southeastern High School

College & Career Readiness for the Class of 2024

AGENDA





WELCOME/HIGH SCHOOL EXPECTATIONS

Principal El-Amin

ACADEMIC EXPECTATIONS & PROCEDURES

POST-SECONDARY EXPLORATION

PSAT9 TEST PROCEDURES

Mitchell, Counselor

Washington, AP

QUESTIONS

NORMS

- Respect the speaker(s)----Keep your device on mute unless requested to unmute
- Whenever *appropriate and possible please turn your camera on so we can see your wonderful face (Try to find a nice quiet place that inspires learning)
 - (*You must be dressed appropriately...nothing that you would wear to bed is appropriate (pajamas, wave caps, du-rags, hair bonnets are NOT considered professional attire)
- Bring a positive attitude and be open to listening
- Please type questions in the chat





COUNSELING TEAM

Rakiba Mitchell, MA, LPC, NCC **Senior School Counselor** rakiba.mitchell@detroitk12.org **Google Voice (567)343-1977**

Chanel Johnson, MA, LPC College Transition Advisor chanel.johnson@detroitk12.org

Phone Number: 586-207-7878

TEAMS Office Hours: M-F 8am-3:30pm



EDUCATION WEEK

Q

TION WEEK



Edweek org

He would come sit in my office, and we would just talk. His eyes always seemed to be heavy, and he always seemed weary. He was barely passing. He was the kind of person who had a

He was my challenge.

presence when he entered the room, but he didn't know it. His spirit's light bulb was dim, and he was lost. That's how he was when his time was up, and he graduated. I worried.

Years later, he surprised me and came to my new school in his Navy uniform. He thanked me for just listening.

Rakiba Mitchell
High school counse

Rakiba Mitchell, MA, LPC, NCC Rakiba.Mitchell@detroitk12.org

School Counselor

Virtual Office Link: (Located in e-mail signature)

https://docs.google.com/presentation/d/17TOmOukix5WkwxkgWoPxSK4KGR_KLr2a9CC92CTX6lo/edit?usp=sharing

Hours Available:

M-F 8am-4pm via TEAMS

Methods of Contact:

TEAMS Chat

Google Voice: 567)343-1977

Appointments MUST be requested, and an appointment will be scheduled via TEAMS with confirmation



Rakiba Mitchell is school counselor, licensed professional counselor, national certified counselor and a mixed media artist.

During her 22 year tenture as an educator she has received a multitude of hanars which are inclusive of 2019 College Board National Counselor Recognition Program, Detroit Public Schools Community District Superintendents Service Award (2019) and 2015 College Signing Day Panelist featuring First Lady Michelle Oboma.



Ms. Mitchell is the Founder and CEO of HBC&U Legacies, a team of educators with facilitate workshops for other educators and provide them with the tools necessary to implement an HBCU inclusive college going culture. Her team also assists students with the HBCU exploration and application process. HBC&U Legacies was recognized at the Alpha Kappa Alpha Sorrotty 88th Great Lekes Regional Conference as Community Superstars for their work with HBCU aromatics.

In the fall of 2019 Ms. Miltchell designed, created and obtained a copyright for her AfroShe Collection—mixed media collage pieces that celebrate black women's hair. She customizes each piece so that every woman can see herself as a beautiful mosterpiece.

Ms. Mitchell is also an active member of Alpha Kappa Alpha Sorority, Eta lota Omega Chapter. She is the Co-Creator of the Metro Detroit D9 Greek Group and Caribbean Greeks.

COUNSELORS

S-Support

M-Mediate

I-Inform

L-Listen

E-Empower

&

"It's not choosing the 'right' path that matters. It's knowing what ignites your passion. Once you've figured out what brings you joy, you don't have to worry about finding the right path. Any path—any path—will take you there."

- Panera Founder / CEO Ron Shaich

H-Help

U-Unconditionally Love

G-Give

"If you are looking for a savior take a look in the mirror"
-MLKIII at March on Washington 2020

I am an advocate for students. I am here to be of service and be the Harriet Tubman that helps lead students to the Promised Land of their futures. I ask that all remember that I am a person too and are respectful of me, my system and my resources.

ABOUT YOUR COUNSELOR... Rakiba L Mitchell, MA, LPC, NCC

<u>Birthplace</u>: Detroit, MI (Although I call New York my second home because my paternal family lives in Jamaica Queens).

<u>Roots</u>: My family is from Arkansas, Texas & Georgia. My paternal family is from South Carolina & the islands of Nevis and Antigua

<u>Birthdate</u>: October 19th (I am a HUGE birthday person. If you are a Libra be ready to take a photo in the virtual photo booth)

<u>Years in Education</u>: 22 (15 years in Counseling, 3 years as an ELA teacher, 2 years as an Art Teacher and 2 years as a sub)

<u>Where I've Studied</u>: M.L. King Jr. Sr. High (CISC)'95, University of Michigan-A2, Wayne State University, Eastern Michigan University, Harvard University

<u>Fast Facts</u>: I attended Detroit Public Schools k-12. I am a mixed media collage artist. I am an HBCU advocate. I was one of two counselors from DPS selected to meet FLOTUS Michelle Obama.

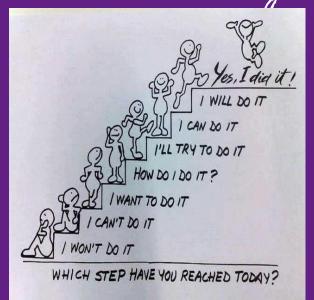
<u>The Thing That Shocks Most Students</u>: My Age (I have amazing genes...your eyes are deceiving you)

<u>Favorite Things</u>: Ginger, Seafood, Art, Books, Culture, Tea, Dark Chocolate, Music, Writing, Documentaries





There are many things in life that will be beyond your control. In these instances it will ultimately be about your response. There will always be a lesson and you will always have a choice in how you respond.



Life is tough but so are you

And once the storm is over, you won't remember how you made it through, how you managed to survive. You won't even be sure, if the storm is really over. But one thing is certain... When you come out of the storm, you won't be the same person who walked in. That's what this storm is all about.

~ Haruki Murakami



Mindset & Coping Activities

- 1. What am I GRATEFUL for today?
- 2. Who am I CHECKING IN ON OV CONNECTING WITH today?
- 3. What expectations of normal "am I LETTING Go OF today?
- 4. HOW am I GETTING OUTSIDE today?
- 5. How am I MOVING MY BODY today?
- 6. What BEAUTY am I either Creating, cultivating, or inviting in today?

Position Vacant: Change Agent

Your school is seeking a passionate, inspiring and committed professional to lead and influence change.

Essential Criteria:

- · Motivated by meaning and purpose
- Positive outlook on life
- · Self awareness
- · Courage to ask tough questions
- · Warmth and good humour
- Authenticity

Perks and conditions

- · Extra pay? Not necessarily
- · Your own office? Probably not
- · Love and admiration? Not from everyone
- Belonging to a tribe? Definitely!

Application process: Just get started and make a difference where ever you are.

AFFIRMATIONS & MINDFULNESS

Nan	ne:	Date:		
	POSITIVE THOUGHT	S	& AFFIRMATIONS	
L	There is no one better to be than myself.	27.	I am proud of myself.	
2	I am enough.	28.	I deserve to be happy.	
3.	I get better every single day.	29.	I am free to make my own choices.	
4.	I am an amazing person.	30.	I deserve to be loved	
5.	All of my problems have solutions.	3L	I can make a difference.	
6.	Today I am a leader.	32	Today I choose to be confident.	
7.	I forgive myself for my mistakes.	33.	I am in charge of my life.	
8.	My challenges help me grow.	34.	I have the power to make my dreams tru	
9.	I am perfect just the way I am.	35.	I believe in myself and my abilities.	
10.	My mistakes help me learn and grow.	36.	Good things are going to come to me.	
II.	Today is going to be a great day.	37.	I matter.	
12	I have courage and confidence.	38.	My confidence grows when I step outside	
13.	I can control my own happiness.		of my comfort zone.	
14.	I have people who love and respect me.	39.	My positive thoughts create positive	
15.	I stand up for what I believe in.		feelings.	
16.	I believe in my goals and dreams.	40.	Today I will walk through my fears.	
17.	It's okay not to know everything.	41.	I am open and ready to learn.	
18.	Today I choose to think positive.	42	Every day is a fresh start.	
19.	I can get through anything.	43	If I fall, I will get back up again.	
20.	I can do anything I put my mind to.	44.	I am whole.	
21.	I give myself permission to make choices.	45.	I only compare myself to myself.	
22.	I can do better next time.	46.	I can do anything.	
23.	I have everything I need right now.		It is enough to do my best.	
	I am capable of so much.		I can be anything I want to be.	
	Everything will be okay		Laccept who Lam	

© 2017 Pathway 2 Success

50. Today is going to be an awesom

26. I believe in myself.



Having a rough moment or day? Do you need to take a wellness break?

You can explore the Zen Space **HERE**

Important Things To Remember

Your Health (mental & physical) will ALWAYS be the most important thing. [If uou aren't at your best you can't give your best] **Prioritize** [Remember what it most essential] Manage Your Time [Time only moves forward so make the best use of it] **Set Goals** [What is it that your are trying to accomplish? Create steps to work towards that 1 **Access Resources** [You have the world at your fingertips...seek information for better understanding] [GOOGLE, YOU TUBE, E-Libraries!!!] **Communicate** [Always ask for insight, additional assistance, additional resources, requesting help is never a sign of weakness] Follow Up & Through [Do what is asked to complete a task, complete each step until a task is complete, submit the task upon completion] **Discover Your Passion** [It is the thing that you would do and wouldn't mind not getting paid for....find it and let it motivate you] **Support System** [Everyone needs someone. Remember that you always have people who will support you and keep you lifted. Seek them out.]

12 KEY QUALITIES TO BECOMING A SUCCESSFUL PERSON

Good people seek out opportunities...great people use those opportunities to create their own. These are the qualities that will be promoted as essential components of college & career readiness.

GREAT PEOPLE ARE...

ACCOUNTABLE
RESPONSIBLE
HONEST
FLEXIBLE
COMMUNICABLE
HUMBLE

DEPENDABLE
EFFICIENT
COOPERATIVE
AMBITIOUS
COMPASSIONATE
RESILIENT



METHODS OF COMMUNICATION

In preparation for the next phase (post secondary) you will need to become familiar with checking e-mail and other communication tools regularly. This is especially essential in a COVID world. Emails need to be professional in nature. Please remember to begin with a greeting & end with a "Thank You". (Ex: Good Morning, Hi, Ms. M. etc.)

TEAMS SE % 2024 Channel:

It will be used to distribute essential information only

Email: Please create a **PROFESSIONAL** free Gmail account

Complete this link so that we can have all necessary information for supporting your post secondary needs. Click Here

EXAMPLES OF EFFECTIVE COMMUNICATION

HOW TO EMAIL A TEACHER



2-5 word summary of the email.

"Missing Grade"

"Homework Question"

"Late Work"

2 BEGIN WITH A

"Good morning, Ms. Goicochea,"

"Hellol"

"Good afternoon,"

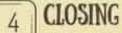
GET TO THE POINT

"I am writing because..."

"I have already tried..."

"I remember the first step, but can't remember..."





"Thank you,"

"I hope you're well,"

"Have a nice evening,"



SIGN YOUR



NETIQUETTE & SOCIAL MEDIA

ONLINE Etiquette

Necessary: Do people really need to know what you are posting?

fashion?

Exemplary: Are you portraying yourself in a model

Thought-provoking: Is your post stimulating?

Idealistic: Do your thoughts show principle?



Quotable: If someone used the words in your post to define you, how would you be remembered?

Understandable: Can people understand what you are saving? What about your tone?



Essential: Is what you are saying critical to the situation or conversation?



Trustworthy: Do your words portray you as someone in whom people can confide?



True: Do I need to explain this? Just don't lie, okay?

Exactly what you intended: Overall, does your post convey exactly what you intended it to convey?

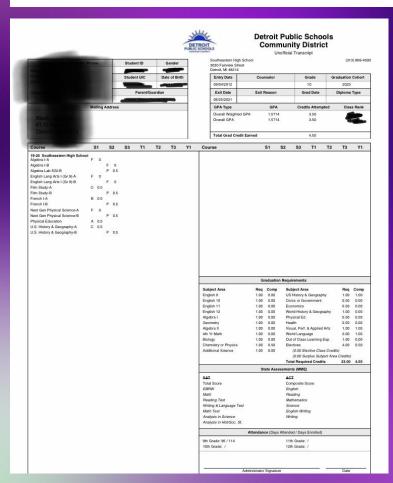
www.ohmygoodnessgracious.com





High School is **NOT** about who you like or who likes you...High School is about CREDITS! The goal IS NOT to socialize, be the most popular, be the most fashionable or to make friends...the goal is to GRADUATE!

UNDERSTANDING WHY FRESHMAN YEAR MATTERS: THE TRANSCRIPT



- A transcript is YOUR body of work that is a PERMANENT record
- It captures your academic performance for 2nd & 4th cardmarking of EVERY grade level from 9-12 grades
- Q1+Q2=S1 & Q3+Q4=S2
- Middle school performance <u>IS NOT</u> relevant unless you were awarded credit for Algebra or World Language
- The year you begin high school + four years= your projected graduation year
- Graduating early is not a common practice and moving ahead does not happen in high school
- The transcript is a <u>REQUIREMENT for</u> POST-SECONDARY ADMISSIONS!!!!

SAMPLE OF HISTORICAL GRADES VIA POWERSCHOOL

Year/Term	Grd LvI	Course number	Course	Earned Credit	Q1	Q2	Q3	Q4	S1	S2
19-20 S1	9	SM052SGS1	Algebra I-A	0.00	F	F			F	
19-20 S2	9	SM052SGS2	Algebra I-B	0.00			F	F		F
19-20 S2	9	SM069LGS2	Algebra Lab SGI-B	0.50			Р	Р		Р
19-20 S1	9	SE001SGS1	English Lang Arts I (Gr 9)-A	0.00	F	F			F	
19-20 S2	9	SE001SGS2	English Lang Arts I (Gr 9)-B	0.00			F	F		F
19-20 S1	9	SA168FGS1	Film Study-A	0.50	С	С			С	
19-20 S2	9	SA168FGS2	Film Study-B	0.50			Р	Р		Р
19-20 S1	9	SL102SGS1	French I-A	0.50	В	В	**		В	
19-20 S2	9	SL102SGS2	French I-B	0.50			Р	Р		Р
19-20 S1	9	SS159NGS1	Next Gen Physical Science-A	0.00	D	F			F	
19-20 S2	9	SS159NGS2	Next Gen Physical Science-B	0.50			Р	Р		Р
19-20 S1	9	SP001SGS1	Physical Education	0.50	Α	Α			Α	
19-20 S1	9	SH101SGS1	U.S. History & Geography-A	0.50	В	D	•	-5	С	
19-20 S2	9	SH101SGS2	U.S. History & Geography-B	0.50			Р	Р		Р

Revised 10/2010

DETROIT PUBLIC SCHOOLS



HIGH SCHOOL GRADUATION REQUIREMENTS

Effective for Students Entering 9th Grade in 2007 (Class of 2011)

To prepare Michigan's students with the knowledge and skills needed for the jobs in the 21th Century, the State of Michigan has enacted a rigorous new set of statewide graduation requirements that are among the best in the nation. With these new graduation requirements, students will be well-prepared for future success in college and the workplace.

The Michigan Merit Curriculum requires students entering 8th grade in 2006, to obtain a minimum of 16 credits for graduation, which could be met using alternative instructional delivery methods such as alternative course work, humanities course sequences, career and technology courses, industrial technology/vocational education courses, or through a combination of these programs. In addition, students entering the 3rd Grade in 2006 (Class of 2016) will need to complete two credits of a language other than English in grades 9-12; OR an equivalent learning experience in grades K-12 prior to graduation.

Michigan Merit Curriculum High School Graduation Requirements

MATHEMATICS - 4 Credits	
Algebra I Algebra II Note: Algebra II was formerly Algebra 3 & 4	Geometry One math course in final year of high school
ENGLISH LANGUAGE ARTS - 4 Credits	
English Language Arts 9 English Language Arts 10	English Language Arts 11 English Language Arts 12
SCIENCE - 3 Credits	
Biology Physics or Chemistry	One additional science credit
SOCIAL STUDIES - 3 Credits	
.5 credit in Civics or Government U.S. History and Geography - (Integrated)	.5 credit in Economics World History and Geography - (Integrated)
PHYSICAL EDUCATION & HEALTH – 1 Credit	

ONLINE LEARNING EXPERIENCE

Course, Learning or Integrated Learning Experience

LANGUAGE OTHER THAN ENGLISH - 2 Credits

In grades 9-12; OR an equivalent learning experience in grades K-12 effective for students entering third grades

DPS District Requirement ~ Out-of-Class Learning Exp. (200 Clock Hours) - 1 Credit

The fourth year of Math may include business math, accounting, applied math and even a retake of Algebra II.

All required courses/credits must be aligned with Course/Credit content Expectations and Guidelines developed by Michigan Department of Education, and may be acquired through Career and Technical Education programs and integrated courses.

Quick Tips About Credits

- **Every course is worth at least .5 credits**
- Only passing marks (D or 60%) earned at the end of semester will earn credits
 - **Senior standing is 18+ credits**
 - AT SE students earn 7.0+ credits a vear
- **Credits are transcribed every 2nd and 4th cardmarking**
- *Every course than earns an "F" for the semester must be re-taken for credit
- Students who earn 23+ credits in the courses as outlined in high school curriculum requirements will become candidates for graduation

WORLD LANGUAGE REQUIREMENT

WORLD LANGUAGE GRADUATION REQUIREMENT



Beginning with the class of 2016 all students will be required to complete two years (2.0 credits) of World Languages which shall be comprised of **ONE** of the following options:

Option 1: World Language Course (2.0 credits)

Option 2: World Language Course 1.0 credit + Career Technical Education 1.0 credit

Option 3: World Language Course 1.0 credit + Visual, Performing & Applied Arts 1.0 credit

Helpful Websites:

Google Translate https://translate.google.com/
Learn Language Online https://www.languagetutorial.org/

Open Culture http://www.openculture.com/freelanguagelessons

Nine Places to Learn A New Language

https://www.inc.com/larry-kim/g-places-to-learn-a-new-language-online-for-fre.html

Seven Free Language Learning Apps

https://www.lifewire.com/the-7-best-free-language-learning-apps-1357060

World Language is a 2.0 credit graduation requirement

- There are (3) ways in which to obtain credits
- There is no substitution for 1.0 credit of a language
- Credit recovery for WL can be challenging
- Please use resources to assist with understanding the content

CLICK HERE TO REVIEW THE WORLD LANGUAGE REQUIREMENT

WORLD LANGUAGE REQUIREMEN

RAKIBA MITCHELI

OCLEX (Out-of-Class Learning Experience)

- Students must complete 200 OCLEX hours which equate to 1.0 credit in order to become a candidate for graduation
- A link to a google doc will be provided
- Students will need to provide the type of learning experience (work, volunteer, community service, service project), the specific name of the activity, hours earned and the name & title of the person supervising the activity

Edgenuity & Summer School (Credit Recovery)

https://www.edgenuity.com/

DPSCD will honor credits earned via Edgenuity for recovery purposes only. Students who are deficient credits must recover credits in order to become a candidate for graduation. Students currently enrolled must complete coursework successfully in order to recover credits. Students with severely deficient credits will be provided with an alternative plan

- -Students in grades 10-12 who have failed a <u>core</u> content course are eligible to make up those credits through credit recovery coursework
- -Credit recovery will begin after the first 3 weeks of school and will go until 1.5 weeks before the school year ends. For the 2020-2021 school year, that window is September 28, 2020- June 4, 2021. Ninth graders in need of recovery will be recommended for summer school.
- -In nearly all cases, students will be enrolled in only one credit recovery course at a time
- -Students will be given specific deadlines in which to complete coursework for each quarter

Career Technical Center Resources

Golightly Career Technical Center Programs Available:

We currently have the following programs available; Culinary Arts, Flight Training, Graphics & Printing, and Welding. Each of these programs will give your students an opportunity to learn and earn certifications while on track for graduation.

LINK: http://bit.ly/golightlyctc Contact: Brandon Johnson

Randolph Career Technical Center

Programs Available:

Our students are college-bound as well with the opportunity to enroll in construction management at many of our neighboring colleges including Henry Ford and Wayne State. We have strong partnerships with all of our local unions including the Bricklayers and Allied Craftsmen (BAC), and the International Brotherhood of Electrical Workers (IBEW) that have guest instructors within our programs.

LINK: http://bit.ly/RandolphOrientations

Contact: Stacy Jackson Manufacturing Week Activities Register by September 23rd Event kicks off September 28th

Registration Link:

https://www.eventbrite.com/e/2020-wayne-county-man ufacturing-day-activities-tickets-118680872685



Breithaupt Center Program

LINK: http://bit.ly/BreithauptOrientations

Contact: Felicia Moore Programs Available:

Culinary, Mechatronics, Welding, and Collision Repair (am only).

FRESHMAN YEAR RESOURCE GUIDE

FRESHMAN YEAR RESOURCE GUIDE TEST TAKING PRACTICE & COLLEGE EXAM WEBSITES About the ACT ASPIRE Test Taking Tips Testing with Success Series About the PSAT 8-9 http://www.tiscus/restraingtips.com/, http://www.tiscus/rest GOALS COLLEGE EXPLORATION RESOURCES College Week www.collegeweeklive.com . Obtain an understanding of academic credits towards graduation Academic performance=progression and consistency=credits=graduation Historically Black College Network http://www.hbcunetwork.com/ DO SOMETHING ORG (Find a Cause & Get Involved) · Work towards discovering passion over performing towards perfection www.petersons.com Meet and develop a relationship with your counselor. Princeton Review www.princetonreview.com LIST OF 308 HOBBIES...Discover Your Passion . Familiarize yourself with graduation requirements Career Cruising Not So Boring Life- Try something new...you just might like or even LOVE it!!! . Begin taking college pre-test or exams if necessary World Wide Learn Continue or begin post-secondary exploration ATHI FTIC SCHOLARS VIRTUAL DISCOVERY ROOM LINK . Continue or begin involvement in clubs, community organizations, teams, etc. Surviving Freshman Year as a Student Athlete https://docs.google.com/presentation/d/1icPtadajILcbOfFxRCHFBcQ_U80ywhn94QwMxKMrKbo/edit?usp=sharir . Familiarize yourself with available academic and social supports (peer tutoring, study Sports Activity & Children (The Facts) . Make plans for college visits, academic programs, summer camps, sports camps, etc. https://docs.google.com/presentation/d/1ARd2CeMa2PMaiGEUNX3rw2HrSmPmzY2KEiWQBAgcsvV/edit?usp=sharing · Apply for scholarships CREDIT CHECK ACADEMIC SUPPORT RESOURCES www.scholarships360.org Every credit counts!!! Know your status!!! Websites for online homework help http://www.onlinecollegecourses.com/2009/08/19/100-best-websites-for-free-homework-help/ FAFSA College Results Online collegeresults.org/ An on-target freshman has earned... Top Online Learning Sites http://www.bestcollegereviews.org/50-top-online-learning-sites/ FASA ID At least .5 credits per required course per semester How it should look→ 3.5+ credits by January/7.0 credits by June Scholarships Scholly (APP) www.scholarships.com Scholarship Hunter www.scholarshiphunter.com/home.htm IXL (Math & Language Arts Practice) http://www.ixl.com Scholarship Points www.scholarshippoints.com Scholarship Monkey www.scholarshipmonkey.com Better Time Management for High School Students http://www.time-management-success.com/time-management-for-*Please be mindful that credit recovery is the responsibility of the student and is necessary for graduation www.cappex.com (*See Detroit Public School Community District graduation requirements) Study Skills Perouses http://www.educationcorner.com/study-skills.html https://www.goodreads.com/list/tag/multicultural Unigo Multicultural Book List 8 Apps Every High School Student Needs https://www.buzzfeed.com/nicolenguyen/apps-every-high-school-student International Students Financial Aid Guide Your "body of work" aka transcript reflects your academic history over four years. Colleges base their http://www.discoveryeducation.com/students/index.cfm ttps://lendedu.com/blog/student-loans-for-international-students/. liSSG http://www.michigan.gov/mistudentaid/0.4636.7-128-60969_73336-395580-_,oo.html admission decisions on your academic work after three completed years. (6 semesters) SOCIAL/EMOTIONAL SUPPORT Standard four-year college admissions = CUMULATIVE GPA + SAT/ACT SCORE Money Management for High School Students "D" Doesn't stand for "Dynamic" and "F" Doesn't stand for "Fantastic!" Poor academic performance will Eleven Books to Boost Empathy in Teen Readers Aim to earn "As" and "Bs" but more importantly to understand the concepts presented in your course. Hard FRANK FAFSA www.frankfafsa.com earned "Cs" will always be preferred over empty "As" http://teenshealth.org/en/teens/ When in doubt seek help before the point of failure. Make use of resources! Teen Health /www.npr.org/2018/01/12/277038618/new-apps-give-teens-easier-persistent-| Series http://www.chickensoup.com/books?tid=8754 Fs carry no credit! You are responsible for any failed core courses on the transcript, which must be retaken. *Chicken Soup for the Soul Series A dream written Even when a course is retaken the "F" remains on the transcript. VIRTUAL ZEN (MINDEULNESS) SPACE Freshman year counts too!!! Colleges want to see progression over six semesters. down with a [https://docs.google.com/presentation/d/isB_LEOoDniCcfmmTnrJx5fuuZ430grkOKsMINZi-5Jc/edit?usp=sharing You have to find becomes a goal. http://www.collegexpress.com/articles-and-advice/majors-and-academics/blog/your-grades-dontdefine-you-they-do-matter/ what sparks a light RESOURCES FOR SURVIVING FRESHMAN YEAR 50 Character Traits that Matter Big Future by The College Board https://www.monster.ca/career-advice/article/50-personality-traits-for-the-workplace-canada https://bigfuture.collegeboard.org/explore-careers A goal broken 33 Things High School Seniors Wish They Knew as Freshman down into STEPS in you so that you Holland Code Going Listing of Post-Secondary Education Opportunities Advice from Sophomores to High School Freshman https://www.mitalent.org/skilled-trades-post-secondary-education-opportunities Michigan Skilled Trades Job Search https://www.mitalent.org/skilled-trades becomes a plan. Teachers Offer Best Advice for High School Freshman in your own way My Majors Going PRO in Michigan (Skilled Trades) http://www.mymajors.com/careers/ A plan backed by can illuminate PRO: Professional Trades (Hot 25) in Michigan Brochure ACTION makes .com/life/school/18761/survive-high-school-with-our-how-to-guide What to Expect Freshman Year the world. your dreams come om/college-advice/what-to-expect-freshman-year PIASEC Test Occupational Outlook Handbook true. - Oprah Winfrey https://www.usnews.com/education/articles/2010/05/12/5-dos-and-donts-for-college-students-usingsocial-media 39 Top Scholarships for High School Freshman & Sophomores Vocational & Skilled Trade Search Resume Skills for High School Students *Explores the Type of Degrees & Academic Credentials s://www.trade-schools.net/articles/types-of-degrees-diplomas.asp Researched & Compiled By: Rakiba Mitchell, MA, LPC, NCC Researched & Compiled By Rakiba Mitchell, MA, 1

Click **HERE** to explore the resource



POST SECONDARY EXPLORATION RESOURCES

College

College Week

www.collegeweeklive.com

College Navigator

http://nces.ed.gov/collegenavigator/

Historically Black College Network

Peterson's

http://www.hbcunetwork.com/

www.petersons.com

Princeton Review <u>www.princetonreview.com</u>
Big Future by The College Board <u>https://bigfuture.collegeboard.org/explore-careers</u>

Explore your <u>Career Interests</u>

- Professional Trades → Michigan Training Connect (*Search for your best Match & Fit)
 https://jobs.mitalent.org/mitc/Search/Training
- Military Enlistment → https://www.todaysmilitary.com/joining-eligibility/enlisting-military
- ☐ College & Professional School Enrollment--> https://www.mymajors.com/



FORMULA FOR ENROLLMENT

YOUR BODY OF WORK (TRANSCRIPT) -OVERALL GPA -TRENDS TEST SCORES
(SAT/ACT)
-SLIDING SCALE
-SUPERSCORE

ADMISSIBILITY MEASURE (CAN YOU BE ADMITTED?)

KEY TERMS:

WAIVER- Relieved of the fees or the test requirement

ADMIT- You are CONDITIONALLY admitted pending high school graduation

DEFER- Waiting to make a decision

HOLD FOR 7th SEMESTER GRADES (1st Semester of senior year)

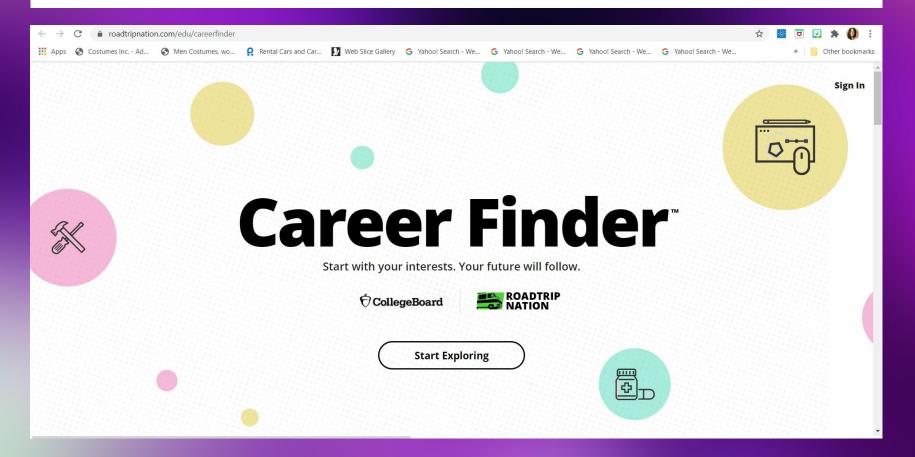
TRENDS- The pattern of your academic progress over time

DENY- You are not admitted into the institution

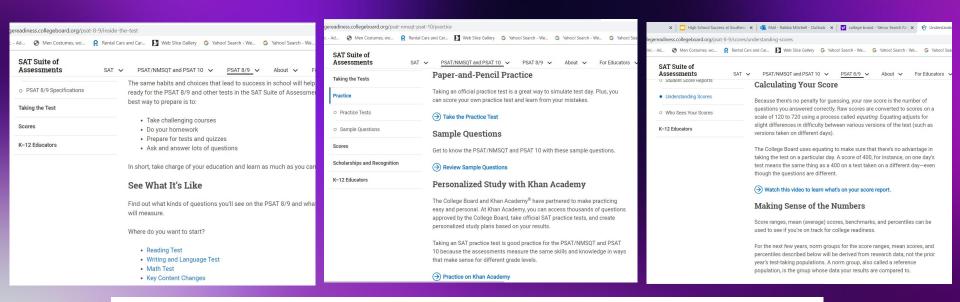
OPEN ADMISSIONS- Anyone with a high school diploma is eligible for admissions regardless of the GPA or TEST SCORE

SLIDING SCALE- HIGHER GPA/LOWER TEST SCORE or LOWER TEST SCORE/HIGHER GPA

EXPLORING THE PSAT



EXPLORING THE PSAT EVEN FURTHER



VIEW ALL PSAT RESOURCES HERE

COLLEGE ENTRANCE & MILITARY EXAM RESOURCES

College Entrance & Military Exam Resources

SAT

No registration required for the in-school test

2020-21 SAT School Day Test Dates

There will be ONE SAT Test that will be administered at the school

Test Date	Score Release Date		
September 23, 2020	October 15, 2020		
October 14, 2020	November 4, 2020		
October 27, 2020 (Makeup) (formerly October 28)	November 19, 2020		
March 3, 2021	March 28, 2021		
March 24, 2021	April 18, 2021		
April 13, 2021	May 8, 2021		
April 27, 2021	May 22, 2021		

*SAT/ACT *Waivers are available. Please inquire.

SAT (National Dates)

Registration: https://collegereadiness.collegeboard.org/sat/register/dates-deadlines ACT (National Dates)

Registration: https://my.act.org/account/create

SAT & ACT TEST NATES 2020-2021

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SAT TEST DATE	REGISTRATION DEROLINE	LATE REGISTRATION	SCORE RELERSE		
MRRCH 14, 2020	FEBRURRY 14, 2020	MRRCH 4, 2020	MRRCH 27, 2020		
MRY 2, 2020	RPRIL 3, 2020	RPRIL 22, 2020	MRY 15, 2020		
JUNE 6, 2020	MRY 8, 2020	MRY 27, 2020	JULY 15, 2020		
RUGUST 29, 2020	JULY 31, 2020	RUGUST 19, 2020	SEPTEMBER 17, 2020		
OCTOBER 3, 2020	SEPTEMBER 4, 2020	SEPTEMBER 23, 2020	OCTOBER 22, 2020		
NOVEMBER 7, 2020	OCTOBER 2, 2020	DCTOBER 21, 2020	NOVEMBER 26, 2020		
DECEMBER 5, 2020	NOVEMBER 6, 2020	NOVEMBER 24, 2020	DECEMBER 17, 2020		
MRRCH 13, 2021	FEBRURRY 12, 2021	MRRCH 3, 2021	RPRIL 1, 2021		
MRY 8, 2021	RPRIL 2, 2021	RPRIL 21, 2021	MRY 27, 2021		
JUNE 5, 2021	MRY 7, 2021	MRY 26, 2021	JUNE 24, 2021		
RCT TEST DATE	REGISTRATION DERDLINE	LATE REGISTRATION	SCORE RELERSE		
FEBRUARY 8, 2020	JRMURRY 10, 2020	JANUARY 17, 2020	FEB 18; MRR 3, 2020		
RPRIL 4, 2020	FEBRURRY 29, 2020	MERCH 16, 2020	RPR 14; RPR 28, 2020		
JUNE 13, 2020	MRY 8, 2020	MRY 25, 2020	JUNE 23: JULY 7, 2020		
JULY 18, 2020	JUNE 19, 2020	JUNE 29, 2020	JULY 28: RUE 11, 2020		
SEPTEMBER 12, 2020	RUGUST 7, 2020	RUGUST 21, 2020	SEPT 22: OCT 6, 2020		
OCTOBER 24, 2020	SEPTEMBER 20, 2020	OCTOBER 4, 2020	MOV 3; NOV 17, 2020		
DECEMBER 12, 2020	NOVEMBER 6, 2020	NOVEMBER 20, 2020	DEC 22, 2020; JAN 5, 202		
FEBRURRY 6, 2021	JRMURRY 8, 2021	JRNURRY 15, 2021	FEB 16; MRR 1, 2021		
RPRIL 10, 2021	MRRCH 5, 2021	MRRCH 19, 2021	RPR 20; MRY 4, 2021		
JUNE 12, 2021	MRY 7, 2021	MRY 21, 2021	JUNE 22; JULY 6, 2021		

Advanced Placement Tests (AP)

Dates:

https://apstudents.collegeboard.org/exam-calendar

Exam Locations:

AP Exams are administered at many high schools and at exam centers. Ask a teacher or school counselor if your school administers AP Exams.

Exam Scoring:

AP Exams are created and scored by teams of AP teachers and college professors.

Benefits of Taking the Exams:

Most U.S. colleges grant credit, advanced placement, or both for qualifying AP scores

ASVAB (Armed Services Vocational Aptitude Battery)

ASVAB stands for the Armed Services Vocational Aptitude Battery, which is a multiple-choice test that helps you identify which Army jobs (Military Occupational Specialties) would be best for you. Lated below are the parts of the ASVAB that affect your APOT lest scores and each of the ten-line scores

- Armed Forces Qualification Test (AFQT) Paragraph Comprehension, Word Knowledge, Mathematics Knowledge, and Arithmetic Reasoning.
- Clerical (CL) Word Knowledge, Paragraph Comprehension, Arithmetic Reasoning and Mathematics Knowledge.
- Combat (CO) Word Knowledge, Paragraph Comprehension, Auto & Shop and Mechanical Comprehension.
 Electronics (EL) General Science, Arithmetic Reasoning, Mathematics Knowledge and Electronic Information.
- Field Artillery (FA) Arithmetic Reasoning, Mathematics Knowledge and Mechanical Comprehension.
- Field Artillery (FA) Arithmetic Reasoning, Mathematics Knowledge and Mechanical Comprehension.
 General Maintenance (GM) General Science, Auto & Shop, Mathematics Knowledge and Electronics
- Information.
 General Technical (GT) Word Knowledge, Paragraph Comprehension and Arithmetic Reasoning (AR).
- Mechanical Maintenance (MM) Auto & Shop, Mechanical Comprehension and Electronic Information.
- Operators and Food (OF) Word Knowledge, Paragraph Comprehension, Auto & Shop and Mechanical Comprehension.
- Surveillance and Communications (SC) Word Knowledge, Paragraph Comprehension, Arithmetic Reasoning, Auto & Shop and Mechanical Comprehension.
- Skilled Technical (ST) Word Knowledge, Paragraph Comprehension, General Science, Mechanical Comprehension and Mathematics Knowledge.

Test Preparation Resources

ACT http://www.actstudent.org/testprep/ ASVAB (Military Entrance Exam) "Scheduled by recruiters after practice test is taken

ASVAB Practice Test https://asvabpracticetestonline.com/

ASVAB Practice Lest nttps://lasvabpracticetestonline.com/
Free ACT/SAT Practice Tests https://www.powerscore.com/sat/help/content_practice_tests.cfm
https://www.khanacademy.org/signup?continue=/mission/sat

Khan Academy SAT Practice Test https://www.khanacademy.org/test-prep/sat/full-length-sat-i March 2 Success https://www.march2success.com/main/courses

Number2.com www.number2.com SAT https://sat.collegeboard.org/home

SAT Test Tips

https://www.khanacademy.org/test-prep/sat/new-sat-tips-planning#sat-strategies-general

Practice ACT Test https://uniontestprep.com/act/practice-test Princeton Review http://www.princetonreview.com/sat-act-free-practice-test.aspx The Best Free SAT Prep Apps

https://www.unigo.com/get-to-college/college-prep/the-5-best-free-sat-prep-apps
Test Taking Tips http://www.testtakingtips.com/

Test Taking Tips http://www.testtakingtips.com/
Testing with Success Series http://www.studygs.net/tsttaki.htm

"If you focus on results, you will never change. If you focus on change, you will get results."

CLICK HERE FOR ACCESS

COLLEGE ADMISSIONS EXAM/ MILITARY ENTRANCE RESOURCES

ACT http://www.actstudent.org/testprep/

ASVAB (Military Entrance Exam) *Scheduled by recruiters after practice test is taken ASVAB Practice Test https://asvabpracticetestonline.com/

Free ACT/SAT Practice Tests https://www.powerscore.com/sat/help/content-practice-tests.cfm

Khan Academy https://www.khanacademy.org/test-prep/sat

Khan Academy SAT Practice Test https://www.khanacademy.org/test-prep/sat/full-length-sat-1

March 2 Success https://www.march2success.com/main/courses

Number2.com <u>www.number2.com</u>

SAT https://sat.collegeboard.org/home

SAT Test Tips https://www.khanacademy.org/test-prep/sat/new-sat-tips-planning#sat-strategies-general

Practice ACT Test https://uniontestprep.com/act/practice-test

Princeton Review http://www.princetonreview.com/sat-act-free-practice-test.aspx

The Best Free SAT Prep Apps https://www.unigo.com/get-to-college/college-prep/the-5-best-free-sat-prep-apps

Test Taking Tips http://www.testtakingtips.com/ Testing with Success Series http://www.studygs.net/tsttak1.htm

Resources for Students Exploring the Historically Black College & University (HBCU) Option

WATCH THIS VIDEO (Black College Anthem) https://www.youtube.com/watch?v=ozjeMavhvdQ

FIND YOUR BEST HBCU MATCH & FIT (Exploration Tool) http://www.thehundred-seven.org/matchme.php

HBCU Virtual College Fair Link

https://www.destinationhbcu.org/virtual-college-fair.html

HBCU Lifestyle (Black College Guide)

https://hbculifestyle.com/

HBC&U Legacies (Daily HBCU Resource on Facebook)

www.facebook.com/hbculegacies





NEXT UP: Sophomore Year At- A- Glance



Know your academic standing (January 2021 & June 2021) Continue to monitor academic progress via Power School **Explore your Interests** Professional Trades→ Michigan Training Connect (*Search for your best Match & Fit) https://jobs.mitalent.org/mitc/Search/Training Military Enlistment→ https://www.todaysmilitary.com/joining-eligibility/enlisting-military College & Professional School Enrollment--> https://www.mymajors.com/ **Attend Virtual College Tours & Fairs Enroll in Virtual Academic Programs/Courses Explore AP or Dual Enrollment Request Letters of Recommendation** Get Involved: Join a student organization/club/team

10 Tips for Surviving Sophomore Year https://lostinstoryland.com/10-tips-for-surviving-sophomore-year-of-high-school/ What to Expect Your Sophomore Year

https://www.learnreligions.com/what-to-expect-sophomore-year-of-high-school-712718

Advice for Sophomore Year

https://www.koppelmangroup.com/blog/2020/3/30/advice-for-sophomore-year-of-high-school

Research Scholarships

Questions 777 Thank You for Your Time!!! Be Safe & Well!!!

PARENT ACADEMY

PARENT





Microsoft Teams

MONDAYS, TUESDAYS, THURSDAYS

3:30 PM - 4:15 PM

September 14: https://bit.ly/3mblesU September 15: https://bit.ly/33kaMrt September 17: https://bit.ly/2RloDbm September 21: https://bit.ly/3hk2Tr3 September 22: https://bit.ly/3imQdkD September 24: https://bit.ly/2GNoIrP

September 28: https://bit.ly/3iAy9Up September 29: https://bit.ly/35oigfU

October 1: https://bit.ly/3itphzS October 5: https://bit.ly/33kP4Uf

October 6: https://bit.ly/3kdU2cb October 8: https://bit.ly/3hp6fcp

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WEDNESDAYS | 6:00 PM - 6:45 PM September 16: https://bit.ly/2ZvrAL3 September 30: https://bit.ly/33k6e4t October 7: https://bit.ly/2FcqofF

SATURDAYS | 11:00 AM - 11:45 AM

September 19: https://bit.ly/32kK2Yy September 26: https://bit.ly/2RvJ6ux October 3: https://bit.ly/2Rhlicp

HOMEWORK HOTLINE 1-833-466-3978

The Detroit Public Schools Community District Homework Hotline is a free resource for all DPSCD students in partnership with United Way for Southeastern Michigan. Regular hours will be held on Monday – Thursday, from 5:00 p.m. – 8:00 p.m.

ONLINE LEARNING SUPPORT

Support for families during the school day with online learning and digital platforms. Regular hours will be held on Monday – Friday from 8:30 a.m. – 4:30 p.m.

DEVICE SUPPORT

Connected Futures Technology/Device Support Text 'HELP4CF' to (562) 372-6925 Online: www.help4cf.org

CONNECTIVITY ISSUES

Text 'INTERNET4CF' to (562) 372-6925 Online: www.human-i-t.org/internet4cf

MENTAL HEALTH SUPPORT

The Mental Health Support line is also available through the Homework Hotline to provide online counseling to students and parents and referrals for additional services. Regular hours will be held on Monday – Thursday, from 5:00 – 8:00 p.m. Please call 1-833-466-378 during operating hours and follow the prompts.

FACE TO FACE LEARNING FOR PARENTS CALL 313.873.7490 TO RESERVE SPACE FOR LIMITED SOCIALLY DISTANCED SEATING

Friday September 18 | 9:30 AM - 11:00 AM Adult Education Westside

Wednesday September 23 | 5:30 PM - 7:00 PM Brenda Scott Eastside Friday September 25 | 9:30 AM - 11:00 AM Western International High School Southwest

Friday October 2 | 9:30 AM - 11:00 AM Western International High School Southwest Friday October 9 | 9:30 AM - 11:00 AM

Adult Education Westside

DPSCO does not discriminate on the basis of race, color, national origin, sex, sexual orientation, transgender identity, disability, age, religion, height, weight, citizenship, marital or family status, marestry, genetic information, or any other legally protected category, in its educational programs and activities, including employment and admissions Questions? Concerns? Contact the Viri Rinbs Coordinate art 2013 240-4475 or doest commissions Question 240-240-240. The Control of the Virial Control o